



LA CLÍNICA DE LA ESPERANZA

IRIS

PSYCHOLOGICAL SERVICES

THE CLINIC OF HOPE

PACIFIC UNIVERSITY | HILLSBORO CAMPUS

Iris Clinic | Pacific University
222 SE 8th Ave | Suite 232
Hillsboro, OR 97123

Phone 503.352.7333
Fax 503.352.7250

**Spanish
and English
services provided**

**Call for more
information**

AFFORDABLE | Sliding scale fee

The Iris Clinic is a private, non-profit, outpatient mental health training treatment clinic, providing a wide range of affordable psychological services to individuals and families. It also provides training for graduate students from the master's and doctoral psychology programs at Pacific University.

THE CLINIC OF HOPE

Offering the most current, effective interventions, some of which include treatment for:

- Anxiety and worry
- Uncontrollable anger
- Depression
- Trauma
- Loss and grief
- Relationship problems
- Self-esteem problems
- Parent-child problems

THERAPEUTIC GROUPS

- **Overcoming the Pain Together** – support group for families of individuals who live with post traumatic stress.
- **SMART Recovery® Group** – a help group for people who want to recover from all types of addictive behaviors including addiction to drugs, alcohol, gambling, and other activities.